

# AUGUST/SEPTEMBER 2019

## Newton School: Breakfast & Lunch Menu

*Salad Bar will be provided daily! Fruits & Milk served daily w/both Bkfst & Lunch*

**Bkfst \$2.00 Lunch \$3.00 Adult Bkfst \$2.50 Adult Lunch \$4.50 Salad Bar \$2.00 Milk \$.50**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>26</p> <p><b>Bkfst. &amp; Lunches</b> Made with as many local and/or VT ingredients as possible. Homemade with love.</p>	<p>27</p> <p style="text-align: center;">LAST DAY OF SUMMER VACATION!!</p> <p style="text-align: center;"><b>WELCOME BACK!</b></p>	<p>28</p> <p><b>Bkfst:</b> Blueberry Muffins</p>  <p><b>Lunch:</b> Hot Dogs &amp; French Fries</p>	<p>29</p> <p><b>Bkfst:</b> Fruit Salsa</p>  <p><b>Lunch:</b> Pasta w/plain, pesto or Meat Sauce</p>	<p>30</p> <p><b>Bkfst:</b> Smoothies</p>  <p><b>Lunch:</b> PIZZA Cheese or Pepperoni</p>
<p>2</p> <p style="text-align: center;">NO SCHOOL</p> 	<p>3</p> <p><b>Bkfst:</b> Nutri-Grain Bar</p>  <p><b>Lunch:</b> TACO TUESDAY (Hard or Soft)</p>	<p>4</p> <p><b>Bkfst:</b> Yogurt &amp; Berries</p>  <p><b>Lunch:</b> Chicken Salad or Tuna or Salad Wrap</p>	<p>5</p> <p><b>Bkfst:</b> Blueberry Pancakes w/maple syrup</p>  <p><b>Lunch:</b> Ham &amp; Cheese Sandwich</p>	<p>6</p> <p><b>Bkfst:</b> Blueberry Buckle</p>  <p><b>Lunch:</b> Pulled Pork on a Roll</p>
<p>9</p> <p><b>Bkfst:</b> Whole Grain Cereal</p>  <p><b>Lunch:</b> Mac N' Trees</p>	<p>10</p> <p><b>Bkfst:</b> Oatmeal w/brown Sugar</p>  <p><b>Lunch:</b> Enchilada Bake</p>	<p>11</p> <p><b>Bkfst:</b> Banana Muffins</p>  <p><b>Lunch:</b> Burrito Bar w/or w/out Chicken</p>	<p>12</p> <p><b>Bkfst:</b> Homemade Granola Bars</p>  <p><b>Lunch:</b> 1-4: Tunbridge Fair (Bag Lunch) <b>At School:</b> Grilled Cheese &amp; Soup</p>	<p>13</p> <p><b>Bkfst:</b> Coffee Cake</p>  <p><b>Lunch:</b> Stromboli Squares</p>
<p>16</p> <p><b>Bkfst:</b> Bagel w/cream Cheese</p>  <p><b>Lunch:</b> Eagle Pizza (Veggie Tostadas)</p>	<p>17</p> <p><b>Bkfst:</b> Fruit Salad</p>  <p><b>Lunch:</b> Teryaki Chicken and Sesame Noodles</p>	<p>18</p> <p><b>Bkfst:</b> Sausage, Egg &amp; Cheese Bake</p>  <p><b>Lunch:</b> Creamy Spinach Tortellini (no meat)</p>	<p>19</p> <p><b>Bkfst:</b> Smoothies</p>  <p><b>Lunch:</b> Fiesta Lasagna</p>	<p>20</p> <p><b>Bkfst:</b> Apple Crisp</p>  <p><b>Lunch:</b> PIZZA (Cheese or Pepperoni)</p>

**Please note: Menus are subject to change without notice.**

\*If you have any questions, comments or suggestions please do not hesitate to contact me (Gret Hewes) at: ghewes@newtonschool.org