





















# SEPTEMBER/OCTOBER 2017

## Newton School: Breakfast & Lunch Menu

*Salad Bar will be provided daily! Fruits & Milk served daily w/both Bkfst & Lunch*

**Bkfst \$2.00 Lunch \$3.00 Adult Bkfst \$2.50 Adult Lunch \$4.50 Salad Bar \$2.00 Milk \$.40**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>25 Bkfst: Fruit Salad</p>  <p>Lunch: Beet Burgers</p>	<p>26 Bkfst: Muffin Squares</p>  <p>Lunch: Chicken or Veggie Quesadilla</p>	<p>27 Bkfst: Apple Fritter Bread</p>  <p>Lunch: Asian Beef &amp; Broccoli w/rice</p>	<p>28 Bkfst: Applesauce</p>  <p>Lunch: Sausage, Onions &amp; Peppers</p>	<p>29 Bkfst: French Toast Casserole</p>  <p>Lunch: Chicken Patty &amp; Fries</p>
<p>2 Bkfst: Yogurt &amp; Berries</p>  <p>Lunch: Black Bean Burgers</p>	<p>3 Bkfst: Blueberry Buckle</p>  <p>Lunch: Sloppy Joes</p>	<p>4 Bkfst: Smoothies (Berry)</p>  <p>Lunch: Chicken &amp; Broccoli Alfredo</p>	<p>5 Bkfst: Banana Bread</p>  <p>Lunch: Taco Thursday</p>	<p>6 Bkfst: Homemade Granola Bars</p>  <p>Lunch: Hike for Hunger (Bag Lunches)</p>
<p>9</p> <p style="text-align: center;"><b>NO SCHOOL</b></p> 	<p>10 Bkfst: Whole Grain Cereal</p>  <p>Lunch: Pasta w/plain or Meat Sauce</p>	<p>11 Bkfst: Ham, Egg &amp; Cheese or Egg &amp; Cheese Wraps</p>  <p>Lunch: Philly Cheese Steak Sliders</p>	<p>12 Bkfst: Pancakes</p>  <p>Lunch: Enchilada Bake</p>	<p>13 Bkfst: Smoothies (Banana &amp; Spinach)</p>  <p>Lunch: Pizza (Cheese or Pepperoni)</p>
<p>16 Bkfst: Oatmeal w/brown Sugar</p>  <p>Lunch: Grilled Cheese &amp; Soup</p>	<p>17 Bkfst: English Muffin Bkfst Strata</p>  <p>Lunch: Fish &amp; Chips</p>	<p>18 Bkfst: Apple Crisp</p>  <p>Lunch: Ham, Au Gratin Potatoes, &amp; Corn</p>	<p>19 Bkfst: Sausage, Egg &amp; Cheese Quiche</p>  <p>Lunch: Powerhouse Chili</p>	<p>20 Bkfst: Coffee Cake</p>  <p>Lunch: Taco Friday</p>

**Please note: Menus are subject to change without notice.**

\*If you have any questions, comments or suggestions please do not hesitate to contact me (Gret Hewes) at: [ghewes@newtonschool.org](mailto:ghewes@newtonschool.org)